

FOCUS ON VALUE AND BENEFITS

Charity Number 503045

***** Full update on our building project in the centre pages *****

Lodge update

We are pleased to be able to update you that our lodges based at White Cross Bay, Windermere, Cumbria are now all back open following the floods in Cumbria. As you will have seen on various news reports the floods caused devastating damage to the County and beyond and sadly our lodges didn't escape the floods however we were extremely lucky compared to some. The site itself suffered extensive damage and they have been working hard to refurbish the facilities at the site and they are now looking very impressive.



Refurbishment of the White Cross Bay site



WHAT DOES IT ACTUALLY COST?

Your donation is subject to payroll giving where you get the benefit of tax relief. Your pay slip shows a deduction of £5.46. This is deducted from your gross pay total before tax is applied. Therefore there is tax relief on the £5.46 at the rate you pay tax, so the net result with regard to donations for a 20% tax payer,

is actually £4.37 per month, and for a 40% tax payer, £3.28 per month. If you pull out, you won't be saving the full amount and the real saving is actually minimal. The same principle applies for retired officers, the £4 donation equals £3.20 for a 20% taxpayer and £2.40 for a 40% taxpayer

INCREDIBLE SERVICES
INCREDIBLE SUPPORT
INCREDIBLE VALUE

NORTH WEST POLICE BENEVOLENT FUND

FANTASTIC NEW STATE OF THE ART HOLISTIC TREATMENT CENTRE

Since reporting to you in our previous newsletter in August 2015 of our expansion plans to St Michael's Lodge at that time we could only show you artist impressions of the build. We are now progressing with those plans and we would like to share with you the progress made in relation to the building project



Artist
impressions
from
previous
newsletter

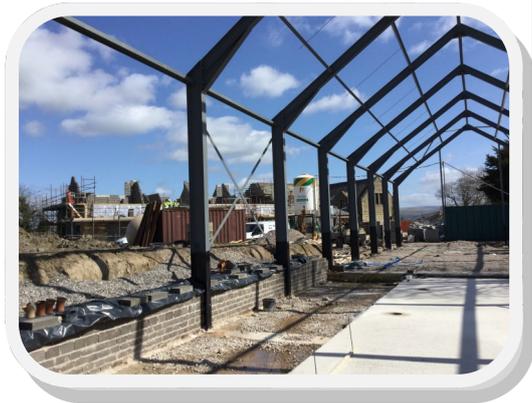


Groundworks being prepared and due to the nature of the ground the footings have to be pile driven. This commenced in October 2015



NORTH WEST POLICE BENEVOLENT FUND 2016

April 2016



The photographs at the top of this page is the first of the accommodation blocks. The middle photograph is the view from one of the adapted rooms for wheelchair access.

The framework is the start of the building which will contain the gym, treatment rooms, hydrotherapy pool, Sauna and swimming pool. As you can see the concrete base for the swimming pool is already in place.



St Michael's Lodge is still providing services as the main building is unaffected by the construction.

Incredible services, support and value

NORTH WEST POLICE BENEVOLENT FUND

Counselling service

Since the introduction of our counselling service this has proved to be extremely popular with many of our members accessing the service. Confidentiality is paramount and the counselling service can only be accessed on a self-referral basis direct to the counsellor. We do not accept any management or supervision referrals as our service is totally independent of any of the forces and only our members can apply. The application form can be found on our website at www.nwpbf.org then click on 'publications' and the guidance notes will also print off with the application form.

Physiotherapy Treatment

Our out-patient physiotherapy treatment service is now available at the following locations:-

St Michael's Lodge, Langho, Lancashire

Federation Office, Force HQ, Penrith, Cumbria

Cheshire HQ, Winsford, Cheshire

Federation Office, Progress House, GMP

Federation Office, Malvern House, Merseyside

Both Cumbria and Merseyside physiotherapy Services are brand new facilities at their Respective Federations' properties.

The Cheshire facility has also been revamped and is now incorporated in new part of the old accommodation block at Winsford HQ as part of the new Health & Wellbeing centre.

Application forms available on our website at www.nwpbf.org then click on 'publications'



The photograph below shows the Cheshire Chief Constable Simon Byrne and Cheshire PCC John Dwyer officially opening the new Centre on 15th December



We are on the
internet at
www.nwpbf.org

Annual General Meeting—8th

July 2016. Please contact the secretary for further information if you wish to attend —

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